

## What are the most important medical screening tests for women and at what age should they have them?

- Gynecological Exams - every 1-3 yrs up to age 65, otherwise as directed by your doctor
- **Age 20:** Cholesterol Tests - should be tested starting at age 20
- **Age 35:** Thyroid Tests - every 5 yrs
- **Age 40:** Bone Density Tests - baseline test around age 40
- **Age 40:** Mammogram - every 1-2 yrs
- **Age 50:** Colorectal health testing - occult blood testing yearly
- **Age 50:** Colonoscopy - every 10 yrs

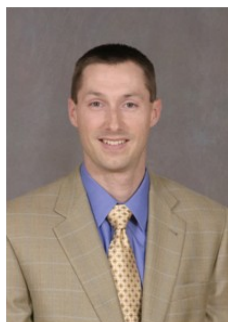
**Fact:** The greatest single reason for the occurrence of cervical cancer is NOT having gynecological exams according to recommended guidelines.

# WOMEN'S HEALTH

Schedule your appointment TODAY!

### Syracuse Medical Center

277 E 17th Street  
Syracuse, NE 68446  
(402) 269-2411



Melissa Tompkins PA-C Zak Tempelmeyer MD James Steckelberg MD

### Weeping Water Medical Center

204 N Randolph Street  
Weeping Water, NE 68463  
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### Community Memorial Hospital

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