

55Plus Fall Schedule
Community Memorial Hospital
1579 Midland St.
Syracuse, NE



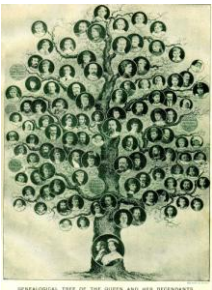
September 2, 2010 – 12:00 noon

Tracie Foreman, Aging specialist with Lincoln Area Agency on Aging will speak on **Life with Arthur**, living with arthritis. *Free will lunch provided.



October 7, 2010 – 12:00 noon

Health Assessments for Better Health – Presented by Southeast District Health Department. *Free will lunch provided.



November 4, 2010 – 12:00 noon

Cindy Harmon – talks about **Leaving a Legacy**.
*Free will lunch provided



December 2, 2010 – 12:00 noon

Holiday entertainment and food. The free will lunch will be a holiday buffet provided by CMH staff with all proceeds going to the employee fund. Bring a friend and enjoy the holiday recipes prepared by our staff. Call 269-7589 by noon the day before.

*Call 269-7589 by noon the day before the meeting to reserve your lunch.